



WHAT'S IN AN EGG?

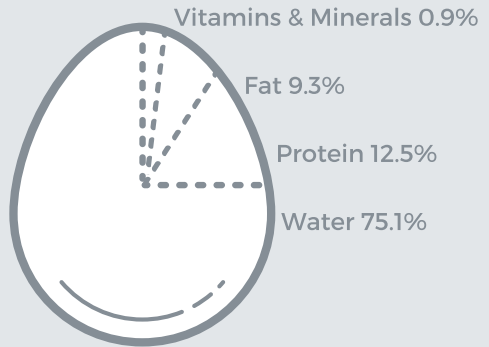
EGGS ARE ONE OF THE MOST NUTRIENT-DENSE FOODS AND MAKE AN EGGCELLENT ADDITION TO YOUR PET'S DIET. WITH LESS THAN 80 CALORIES, ONE LARGE EGG CONTAINS PROTEIN, MULTIPLE VITAMINS AND MINERALS, AND ESSENTIAL FATTY ACIDS.

VITAMINS

- Vitamin A
- Vitamin D
- Vitamin E
- Vitamin B1
- Vitamin B6
- Vitamin B12
- Riboflavin
- Folate
- Choline

PROTEIN

Considered a complete protein, 1 large chicken egg contains 6-8 grams of protein and all of the essential amino acids required for dogs.



MINERALS

- Selenium
- Iodine
- Phosphorous
- Sodium
- Potassium
- Magnesium
- Iron
- Zinc

EGGSHELL MEMBRANE FOR JOINT HEALTH



BEFORE TOSSING YOUR EGGSHELLS



When possible, use organic or pasture-raised eggs from your local farmer.



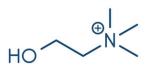
Peel the white rubbery membrane that lines the inside of the eggshell.



Feed the membrane from an uncooked egg. Heat will destroy the beneficial properties.



Can be fed directly to your pet or on top of their food.



CHOLINE

Choline is an essential nutrient for pets and serves many important functions. However dogs and cats cannot produce enough choline to meet all of their requirements, and need additional dietary sources.



DNA
Synthesis

**1 LARGE HARD-BOILED EGG
164 MG OF CHOLINE**



Brain
Development



Cell structure
& messaging



Muscle
Health



Fat Transport
& Metabolism

CHOLINE REQUIREMENT NRC RECOMMENDATIONS (2006)

DOGS



1700 mg per kg
(773 mg per lb) of diet

CATS

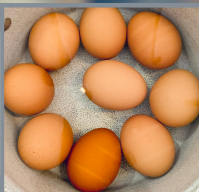


2550 mg per kg
(1159 mg per lb) of diet



DR. BECKER'S *Choline Crisps* RECIPE

1



HARD BOIL EGGS.

2



PEEL EGGS AND SLICE.

3



**ARRANGE SLICES
ON A DEHYDRATOR RACK.**

4



**SET TEMPERATURE
FOR 150°F DEGREES.
DEHYDRATE FOR 6-8 HOURS.**



OVEN METHOD: Arrange egg slices on a parchment paper lined baking sheet. Turn oven on lowest setting. Bake for 2-3 hours, or until slices become hard.



- Store in a sealed container in the refrigerator.
- Feed within 3 days.